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## THIRD SECTOR NEWS

### **OPEN FOR APPLICATIONS: SHETLAND COMMUNITY MENTAL HEALTH AND WELLBEING FUND**

Voluntary Action Shetland (VAS) is delighted to launch the Communities Health and Wellbeing Fund on behalf of the Scottish Government. In partnership with a range of local agencies and through the development of a local partnership plan, this Fund will support initiatives that supports adults in the community aged 16 years and above, which promote mental health and wellbeing at a small scale, grass roots, community level throughout Shetland. It will be accessible to groups, no matter how small or inexperienced they are, and can support new and existing groups or projects. These do not have to have mental health and wellbeing as their main focus, but their application does have to clearly benefit the mental wellbeing of people in their community.

Applications can be accepted from a range of voluntary, 'not for profit' organisations, associations, groups and clubs or consortiums/partnerships which have a strong community focus for their activities. Applications will be accepted from **19th November 2021** until **21st January 2022**. A maximum of £5,000 can be applied for to support activities until 31st March 2022.

#### **WATCH AN INFORMATION SESSION ON THE FUND AT:**

[https://www.youtube.com/watch?v=N3\\_rKyvxQII](https://www.youtube.com/watch?v=N3_rKyvxQII)

For an application pack and for any initial enquiries please:

- E-mail: [vas@shetland.org](mailto:vas@shetland.org)
- Telephone: Market House Reception 01595 743900



## **HIGHLANDS AND ISLANDS ENTERPRISE (HIE) SURVEY TO ASSESS DEMAND FOR COMMERCIAL LAND AND PROPERTY**

**Deadline: 13 December 2021**

A survey is being carried out by Highlands and Islands Enterprise (HIE) to assess demand for commercial land and property. The survey is being carried out in partnership with Shetland Islands Council, Hjaltland Housing Association and Shetland Arts Development Agency. It is hoped the findings will be shared between all partners to help better plan for future potential demand for land, industrial workshop, laboratory or office space across the isles. If you have any property requirements please fill out the survey using this link: <https://www.surveymonkey.co.uk/r/Shetland-property-demand>.

### **STRATEGIC ASSESSMENT FOR NEW GILBERT BAIN HOSPITAL**

In June this year NHS Shetland published the [clinical strategy](#) which aims to describe the plan for health and care services in Shetland and ensures it has a clearly articulated strategic vision for the next ten years.

The aims of the strategy are to provide:

- Integration of services around the needs of local communities.
- Making sure the care provided in our NHS is the right care for an individual,
- that it works, and that it is sustainable; and
- Making best use of new technologies to improve access, promote person-centred care and reduce inefficiencies.

When NHS Shetland was preparing the clinical strategy, they spoke to patients and held virtual workshops which were open to all.

NHS Shetland is now looking for people who use NHS Shetland facilities to hear about:

- How are you using the facilities now?
- Would you like something organised differently?
- Is there something missing from the buildings as they are set up now?

If you feel you can be involved in this work to find out how NHS Shetland can improve the facilities, please get in touch. NHS Shetland aims to hold some focus groups (small group discussion of 6-8 people) to discuss the above questions and consider the options for the future. They are looking for individuals who have recent experience of accessing services at the Gilbert Bain Hospital and who can spare 2 hours of time for these discussions. If you would like to contribute but would prefer to do so on a 1 to 1 basis then please contact Edna Mary Watson.

**For further information or to register your interest in participating please contact Edna Mary Watson on 01595 743377 or [edna.watson@nhs.scot](mailto:edna.watson@nhs.scot) leaving your name and details of the best way to contact you.**

NB expressions of interest can be made up to the beginning of January as the work is planned to take place in early January.

## [THE FEDERATION OF SMALL BUSINESSES SURVEY](#)

Deadline: 15 December 2021

The Federation want to hear from all businesses, whether they are doing well, badly or indifferently, and recognising that business life in Shetland is very different to Moray or Argyll for example. This is a Highlands and Islands wide survey, but they are keen to hear from businesses in all areas of the region – here's the link:

## NEWS FROM THE CHARITY REGULATOR

### [FESTIVE SEASON OPENING HOURS](#)

## RESOURCES

### INCLUSION SCOTLAND ARTICLE [A NEW NARRATIVE REMOVING BARRIERS ADVICE FOR EMPLOYERS](#)

Top tips for becoming a more disability inclusive workplace

### RUNNYMEDE AND IPPR REPORT: [MAKING CHANGE: WHAT WORKS?](#) (PDF)

### SHAPE ARTS ARTICLE: [MAKING YOUR ORGANISATION MORE INCLUSIVE](#)

### [RURAL SOCIAL ENTERPRISE HUB: COMMUNITY LEARNING EXCHANGE \(DIGITAL RESOURCE\)](#)

The Hub has hosted a series of Virtual Learning Exchanges, to share learning from social enterprises across rural Scotland on re-opening and adapting services. From the virtual learning exchanges, we have produced a 'virtual tour' and 'case study' for each social enterprise – to showcase the work they are doing, and challenges they have faced during Covid.

### SCVO REPORT: [SCOTTISH THIRD SECTOR TRACKER](#)

A report on the impact of the Covid pandemic on the third sector. The report represents the first phase of ongoing research by SCVO into how the sector has responded to the crisis and how it can contribute to the recovery.

**SCOTTISH GOVERNMENT FRAMEWORK: [FAMILIES AFFECTED BY DRUG AND ALCOHOL USE IN SCOTLAND: A FRAMEWORK FOR HOLISTIC WHOLE FAMILY APPROACHES AND FAMILY INCLUSIVE PRACTICE](#)**

Whole Families Approach framework, 'Families Affected by Drug and Alcohol Use in Scotland: A Framework for Holistic Whole Family Approaches and Family Inclusive Practice' has been launched today. This framework will ensure that family members receive support in their own right, and collectively as a family, to recover from the harms caused by alcohol and drug use.

**[VOLUNTARY ACTION SHETLAND CARERS NEWSLETTER \(WINTER EDITION\)](#)**

The Winter edition contains information about Carers Rights Day, Respite Scheme, State of Caring Report 2021, Living Well Hub, Time to Live Funding, Emergency Planning, The Herbert Protocol, Still Lives Project, Alzheimer Scotland National Counselling Service and Try a Cycle sessions.

Carers can register – to sign up from our home page, visit:  
<https://www.shetlandcarers.org/>

**SCVO WEBINAR: [THIRD SECTOR EMPLOYABILITY FORUM](#)**

**THE ALLIANCE: [HUMANS OF SCOTLAND](#)**

This book shares stories from Scotland during the pandemic from disabled people, people living with long term conditions, unpaid carers and health and social care staff

**[SOCIAL ENTERPRISE SUPPORT MAP](#)**

[Community Enterprise](#) and [Bold Studio](#) launched the map with funding from the Scottish Government. It now lists over 80 organisations which provide support for social enterprises to #StartSustainGrow. To join, please email Community Enterprise's Comms lead, Harold Raitt, at [harold@communityenterprise.co.uk](mailto:harold@communityenterprise.co.uk).

**REPORT: [SCOTTISH TOURISM TWO YEAR RECOVERY RECOMMENDATIONS](#)**

The report provides an overview of the recovery planning process, highlights the findings from the consultation sessions which took place earlier in the year and outlines a package of proposals, identified by STERG to provide a pathway to recovery for industry and destinations, while at the same time delivering outcomes aligned to [Scotland Outlook 2030](#).

**JOSEPH ROWNTREE FOUNDATION REPORT:**

**[JOBS THAT WORK: PAVING THE WAY FOR GOOD JOBS THROUGH PARTICIPATORY CO-DESIGN](#)**

**CHARITY DIGITAL ARTICLE: [THE BEST BANK ACCOUNTS FOR CHARITIES](#)**

**SCOTTISH GOVERNMENT REPORT: [SECONDARY SCHOOL-AGED PUPILS IN SCOTLAND: MENTAL WELLBEING, RELATIONSHIPS AND SOCIAL MEDIA](#)**

[This report outlines findings from Ipsos MORI's Young People in Scotland \(YPIS\) 2021 survey.](#) In total, 1,361 pupils from 50 secondary local authority schools in Scotland (S1 to S6) completed the survey between 8 February and 2 April 2021.

**FORTHCOMING TRAINING AND EVENTS**

**[GET THE GEN – EQUIPPING ORGANISATIONS TO BE YOUNG PEOPLE FRIENDLY](#)**

Volunteering Matters, YouthLink Scotland and Young Scot and are delighted to announce further dates for their highly successful Youth VIP training programme - Social Enterprise Get the Gen. Funded by The Scottish Government, the training is for anyone interested in improving youth participation in organisations or for those who would like to learn more about how to make their organisation more young people friendly. Youth workers, volunteer managers, board members and everyone in-between are welcome. You can choose one workshop from the list below that best suits your ambitions for widening youth participation:

- Welcoming Young People as Volunteers - for all interested parties.
- Welcoming Young People as Volunteers - (with facilitation notes) for those who may wish to deliver training locally.
- Top and Tail - (abridged version of the training) for experienced trainers who might want to deliver the session.

You can find further information including dates for all sessions [here](#), and sign up through their online booking portal [here](#). To enquire about hosting a stand-alone session please contact: [alistair.hunter@getthegen.com](mailto:alistair.hunter@getthegen.com)

**[SCOTTISH COMMUNITY ALLIANCE'S COMMUNITY LEARNING EXCHANGE \(CLE\)](#)**

The Community Learning Exchange is a fantastic opportunity for communities who are planning new ventures or thinking about future possibilities, to learn from the experience of other communities.

Scottish Community Alliance is keen to extend the Learning Exchange to Scotland's Community Councils. As Community Councils do not have a national umbrella body through which to process applications to the Learning Exchange, applications should be made directly to the exchange coordinators who can be contacted at [exchange@scottishcommunityalliance.net](mailto:exchange@scottishcommunityalliance.net)

**VIRTUAL**

The Community Learning Exchange will cover up to 100% of the costs of the preparation and delivery time incurred by the host organisation. Virtual visits may be initiated by a community group approaching another, requesting that they 'host' a virtual visit. Alternatively, a community group with knowledge and experience to share, might choose to promote a virtual visit more widely. We are keen explore new and innovative ways that communities use to tell their stories in order to inspire others. To this end, the Exchange will fund proposals for planning and delivery for up to 13 hours at £35 per hour.

### **FACE TO FACE**

The Exchange will fund up to 100% of the costs of a visit by members of one community to another community project up to a limit of £750 to include travel, accommodation and subsistence.

### **BUSINESS GATEWAY COURSES:**

- [Taking a strategic approach to developing your business - 13th December](#)
- [Online sales: Improve, develop & make more money - 13th December](#)
- [How to improve your Google search rankings - 13th December](#)
- [Video production for social media - 14th December](#)
- [Writing a business plan - Why it's essential for ALL businesses - 14th December](#)
- [Producing engaging online content - 15th December](#)
- [Webinars, live streams & video conferences: Running a business remotely - 15th December](#)
- [Planning & scheduling your online content - 16th December](#)
- [Get impact & engagement with social media analytics - 16th December](#)
- [Go green to grow your business - 17th December](#)
- [Marketing your business on a budget - 17th December](#)

### **YOUTHLINK SCOTLAND: [PARTICIPATIVE DEMOCRACY CERTIFICATE COURSE](#)**

The Participative Democracy Certificate is a youth work award worth 2 credits at SCQF Level 5. It recognises young people's role in decision-making processes, from communication skills, decision-making, groups work, negotiation and more. The qualification can be built around work that you are already doing with young people, and could include youth councils or organising one-off events or resources for others. All YouthLink Scotland members are entitled to 20 free portfolio submissions each year for the Participative Democracy Certificate (PDC).

Interested members to a free online training session being held on [Tuesday 25 January from 10am to 12.30pm](#) or [Wednesday 6 April from 12.30pm until 3pm](#) to find out more about the Award and also to hear from you about ways that we can improve it moving forward.

### **[DIGITAL CHAMPION TRAINING](#)**

Digital Champions are your existing staff or volunteers that work with people and will be delivering the devices and providing support for them to get online and use the devices confidently, safely and effectively. Full information and support for Digital Champions is available on a [dedicated area of the website](#).

Training for Digital Champions can also be booked via </digital-champions/training> so please share this link with your teams. We're running a range of different training sessions:

- [Core Digital Champion Training](#) – this 2.5 hour session explores the essentials of being a Digital Champion, delivering support remotely, and engaging with new learners who lack digital skills and confidence. This is best suited to anyone who has just started being a Digital Champion.
- [Digital Champions for Families, Children and Young People](#) – this 2.5 hour session explores some of the unique aspects of supporting families, children and young people to use the internet confidently and safely.
- [Employability](#) – this session will connect the employability pipeline with digital inclusion, as well as developing digital skills for both life and work.
- [Chromebook and iPad Demos](#) – these sessions will provide live demos of each device with time for Q&A from Digital Champions attending the session.
- [Essential Digital Skills](#) – these sessions build on the Core Digital Champion training, giving Digital Champions the opportunity to explore different Essential Digital Skills in more detail. the four sessions are:
  - Foundation Skills and Communication Tools
  - Handling Information and Content
  - Problem Solving and Staying Safe Online
  - Transacting – Shopping, Public Services and Banking

### **[LEADERSHIP & WELLBEING WITHIN MY COMMUNITY \(DECEMBER 21 TO MARCH 22\)](#)**

[Social Enterprise Academy](#) are facilitating this series of six live FREE sessions. These are aimed at people who want to think about solutions for health and wellbeing questions and how these might be implemented within their community. The sessions will be an interactive, peer-led learning experience that makes our programmes transformational.

### **[CLIMATE EMERGENCY TRAINING FOR YOUTH WORKERS AND THOSE WORKING WITH YOUNG PEOPLE](#)**

This free online course is for youth workers and those working with young people. It will provide you with an understanding of the climate emergency and equip you with skills and tools to help the young people you work with take climate action. This course is accredited by the [Carbon Literacy Project](#) and successful participants will receive a Carbon Literacy certificate.

This course consists of three Zoom sessions along with some learning in your own time. We are running this course at various times during October and November.

Book your place:

- [Wednesday 1, 8 and 15 December: 10am - 12pm](#)
- [Full day course Thursday 16 December: 9.30am - 5pm](#)

## CENSUS AWARENESS SESSIONS

Scotland's next census will be held in March 2022. This event will give you information on how the census will be delivered, how you can help get messages to, and support, communities to take part and be counted. There will also be time for a Q&A session at the end. Click on a date below to register.

[Wednesday 15 December 11am-11:30am](#)

## LET'S TALK PANTS – SHETLAND, ORKNEY AND WESTERN ISLES

On behalf of Tam Baille, Chair of Shetland Public Protection Committee and NSPCC

In January 2022 we will be launching the PANTS campaign aimed at children age 3-8, there has already been an online professionals launch which happened in October 2021 across Shetland, Orkney and the Western Isles. The aim of this project is to protect children from sexual abuse by encouraging parents, care givers and professionals to have conversations with children in an age-appropriate way about how to stay safe.

This training is aimed at any professional who work with children under the age of 8 or work with families with children under 8. If you are interested please see details below for dates and times.

Please email [gail.sayles@nspcc.org.uk](mailto:gail.sayles@nspcc.org.uk) or [Mubashar.Khaliq@nspcc.org.uk](mailto:Mubashar.Khaliq@nspcc.org.uk) to register your interest.

Date	Time	Suggested Audience
Tuesday 11 <sup>th</sup> January 2022	2.00pm	Health Visitors/Community Engagement
Thursday 13 <sup>th</sup> January 2022	6.30pm	Childminders/Home Schoolers
Monday 17 <sup>th</sup> January 2022	4.00pm	Early Years
Tuesday 18 <sup>th</sup> January 2022	4.00pm	Teachers
Thursday 20 <sup>th</sup> January 2022	6.30pm	Childminders/Home Schoolers
Tuesday 25 <sup>th</sup> January 2022	4.00pm	Teachers
Wednesday 26 <sup>th</sup> January 2022	4.00pm	Early Years
Thursday 27 <sup>th</sup> January 2022	12.15pm	Health Visitors/Community Engagement

## SCOTTISH GOVERNMENT NEWS

### [LOW CARBON TRANSPORT BUSINESS LOAN](#)

This fund offers Scottish businesses up to £120,000 interest-free to help reduce the carbon impact and fuel costs of their transport arrangements through the purchase of new and more efficient vehicles.

**CROSS PARTY GROUP ON CULTURE & COMMUNITIES WEDNESDAY 19TH  
JANUARY 2021, 7:00 PM – 8.30 PM**

**INQUIRY: EXCESS DEATHS SINCE THE START OF THE PANDEMIC**

**Deadline: 7 January 2022**

Deaths in Scotland are 11% above the average for this time of year and have been above the average for the last 26 weeks. The [COVID-19 Recovery Committee](#) is carrying out an inquiry into the cause of excess deaths in Scotland since the start of the pandemic. It wants to find out whether this is being caused by the Covid-19 caseload or the indirect health effects of the pandemic.

**CORONAVIRUS (COVID-19): INTERNATIONAL TRAVEL AND QUARANTINE**

Planning foreign travel and information on testing for people entering Scotland. Updated on 30 November 2021 to reflect PCR testing requirement.

**DECARBONISING HEAT: LOW CARBON HEAT OPPORTUNITIES**

Decarbonising heat will play a crucial role in meeting Scotland's net zero targets. There's huge growth potential for Scottish businesses too. Find information and support on immediate, large-scale opportunities in the low carbon heat market.

**YOUR EXPERIENCES OF THE SCOTTISH PUBLIC PROCUREMENT SYSTEM**

Are your experiences of public procurement good or bad? Let the Scottish Government know about your experiences as a third sector organisation by completing their survey [here](#). There will also be an option to take part in an interview with one of their researchers. The closing date for completing the survey is Tuesday 21 December 2021.

**SUSTAINABILITY GUIDE: THE CIRCULAR ECONOMY: HOW CIRCULAR PRACTICES COULD BENEFIT YOUR BUSINESS**

Find out why adopting circular business practices could help you gain a real market advantage. Get guidance on circular business models and find five tips for making your business more circular.

**CONSULTATION: ENDING THE NEED FOR FOOD BANKS CONSULTATION**

**Closes: 25th January 2022**

The Scottish Government has launched a consultation on a new national plan for ending the need for food banks. This plan sets out the vision and approach that the SG is taking to prevent and respond to food insecurity, as well as the current activities and plans for next steps.

**SUPPORT FOR RURAL COMMUNITY-LED ORGANISATIONS**

The Support for Communities Framework can help if you run, or participate in, a community-led organisation based in the Highlands and Islands of Scotland. Submit an enquiry and an adviser will be in touch to discuss your needs.