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THIRD SECTOR NEWS



**WISHING YOU A HAPPY AND PEACEFUL HOLIDAY
AND A HEALTHY AND PROSPEROUS NEW YEAR!**

Market House phone line and email addresses will close at 4pm on Friday 22 December and reopen on Wednesday 3 January 2024.

This is our last newsletter of 2023.



[OPEN PROJECT'S YOUTH-LED RESEARCH DIARY: PART FIVE - ALCOHOL AND OTHER DRUGS RESEARCH PROJECT, THE END OF THE JOURNEY](#)

Between 2021-2023 with funding from the [Ideas Fund](#), young people from the [OPEN Project](#) in Shetland were matched with professional researchers to support them to conduct research firstly on a space for young people and then the impact of alcohol and other drugs. In this blog series, one of the peer researchers for the project Shannon Boston is sharing their research journey, what they've learned, what tools they've used and what support they received along the way.

NEWS FROM THE CHARITY REGULATOR

[IS YOUR ONLINE ANNUAL RETURN DEADLINE COMING UP?](#)

A significant number of charities have a deadline between December and January. It is clearly marked on a charity's entry in the [Scottish Charity Register](#) if they have missed their deadline.

OSCR helplines will be unavailable from 3pm on Friday 22 December 2023 and their office will reopen on Wednesday 3rd January 2024. If you need assistance with your submission while they're closed, they have written and video guidance [on their website](#).

RESOURCES

VOLUNTEER SCOTLAND: [NET ZERO AND VOLUNTEERING](#)

A presentation by Martin J Cowling, Volunteer Scotland.

[YOUTH VOLUNTEERING WEBINAR SERIES](#)

[International Association for Volunteer Effort](#) have developed a [webinar series](#) to promote, strengthen and celebrate the development of volunteering worldwide exploring a wide range of topics linked to youth volunteering such as employability, wellbeing, activism and social change. Watch the series by clicking on the link above.

MAKE YOUR MARK: [INCLUSIVE VOLUNTEERING TOOLKIT AND REPORT](#)

This toolkit and report are the result of a project in 2022/23 supported by the Scottish Government as part of Scotland's [Volunteering Action Plan](#). Make Your Mark is an ongoing campaign to make heritage volunteering for all in Scotland. It was created in 2020 as part of Our Place in Time, Scotland's first national strategy for the historic environment.

CHARITY DIGITAL ARTICLE: [HOW TO WRITE A VOLUNTEER HANDBOOK](#)

Charity Digital explores the key steps to writing an effective, inclusive volunteer handbook to help you save time and ensure a smooth and satisfying volunteer experience.

VIDEO: [WHICH PRONOUNS TO USE AND WHY IS IT IMPORTANT?](#)

Watch a short clip to hear Dana Litwin, a consultant specialising in supporting leaders of volunteers, talk about the use of pronouns and the evolution of language and gender identities.

NPC GUIDE: [CENTRING LIVED EXPERIENCE: A STRATEGIC APPROACH FOR LIVED EXPERIENCE](#)

[This guide](#) helps senior leaders take a strategic approach. It contains step-by-step guidance on how to effectively incorporate insight from lived experience throughout your organisation.

NPC BLOG: [DEVELOPING AN ORGANISATIONAL APPROACH TO IMPACT](#)

In this blog, Richard McManus, Head of Evidence and Impact at NPC, and Rory Parker-Smith, Trusts and Grants Manager, discuss developing an organisational approach to impact at [Rethink Mental Illness](#).

SCVO: [UTILITY AID'S INVOICE VALIDATION SERVICE](#)

This service identifies and recovers overcharges on your organisation's energy invoices.

VOLUNTARY HEALTH SCOTLAND REPORT: [ESSENTIAL CONNECTIONS](#)

The report explores the range and scope of community link worker programmes across Scotland. Thank you to the Community Link Workers and Programme Leads for their time and contributions.

CARERS SCOTLAND SECOND STATE OF CARING IN SCOTLAND REPORT: [“STATE OF CARING 2023: A HEALTH AND SOCIAL CARE CRISIS FOR UNPAID CARERS IN SCOTLAND”](#)

Carers Scotland have published their second report on Caring in Scotland. This report focuses on health of carers and support from social care and the NHS and highlights the ongoing and significant struggle that carers face in accessing the services and support they need to provide care and to look after their own health and wellbeing, including to take regular breaks from caring.

THE NATIONAL TRAUMA TRANSFORMATION PROGRAMME (NTTP): [ROADMAP FOR CREATING TRAUMA-INFORMED AND RESPONSIVE CHANGE: GUIDANCE FOR ORGANISATIONS, SYSTEMS AND WORKFORCES IN SCOTLAND](#)

This resource is designed to be used flexibly and independently by services and organisations across all sectors of the workforce in Scotland, to help identify and reflect on progress, strengths and opportunities for embedding a trauma-informed and responsive approach across policy and practice. For more information on NTTP, visit: www.traumatransformation.scot

SCOTLAND'S ENTERPRISING SCHOOLS (SES) - FULLY FUNDED CPD SESSIONS AVAILABLE FOR THIRD SECTOR ORGANISATIONS

Scotland's Enterprising Schools is opening professional learning to third sectors and organisations that provide positive pathways post 16 and through youthwork.

The sessions are fully funded so no cost is incurred to access the CPD or resources. Bspoke sessions can be adapted for the third sector, and you are welcome to join any other sessions including the new Enterprise and Learning for Sustainability session. Full events listings can be found [here](#).

THIRD SECTOR INTERFACE AND YOUTHWORK

SES has taken into account the wider Scottish Curriculum Framework and recognise that positive pathways for young people are not always based in schools. There is a great amount of youthwork through programmes, and SES are offering our CLPL sessions to Third Sector Interfaces and organisations who work with young people. If you are an organisation providing pathways for young people and would like to take advantage of our Free CLPL session, please email for free tailored support and resources: contact@enterrpisingschools.scot

ENTERPRISE AND LEARNING FOR SUSTAINABILITY

Explore the opportunities available that are both sustainable and enterprising, building partnerships and networks for community engagement and citizenship, and providing opportunities that add value to the economy, society and the environment. [Book here](#)



SCOTLAND'S
ENTERPRISING
SCHOOLS



An in-depth session exploring ways in which educators can embed enterprise through key sustainable frameworks and explore the networks available to achieve this.

Suitable for those currently underway with their enterprise education journey in schools, and college lecturers.

Discuss the scope and impact of enterprise education and explore where it can fit within the curriculum and wider education policies, LfS and SDGs.

Weaving the golden threads of enterprise, skills development, and sustainability in the curriculum framework.

What our session can do for you:

- Develop your understanding of enterprise education.
- Understand where enterprise links into the curriculum and policy.
- Understand where enterprise links into Learning for Sustainability and the Sustainable Development Goals.
- The role of education institutions in talent acquisition and human capital.
- How to explore your network of partners in the entrepreneurial ecosystem.

When will our sessions be held?

All sessions delivered online via MS Teams from 16:30pm until 17:30pm

- Monday 5th February
- Wednesday 6th March
- Monday 22nd April
- Thursday 9th May
- Thursday 13th June

Book Now

CLIMATE CHANGE RESOURCES:

- [Growing Climate Confidence](#) – a website which helps with aspects of internal climate work, plus a scorecard to identify quick wins.
- [Community Climate Adaptation Routemap](#) – details on how to cope with the changed climate.
- [Green Leases Toolkit](#) – how to negotiate a green lease for your organisation (for renters).
- [Climate Manifesto](#) – how climate change can impact your policy work.

FORTHCOMING TRAINING AND EVENTS



The poster features a central image of hands holding a cup of coffee with a heart-shaped latte art. A sticker on the left says 'EVERYONE IS welcome here' and a stamp on the right says 'FREE'. The background is a dark red color with white and yellow text.

SHEPHERD ISLANDS COUNCIL

**Community Winter Pop-ins
Hymhus, Bigton**

CLD
Community Learning & Development
Shetland

SOUP & HOT DRINKS

COME ALONG FOR:

Mend & Make New
bring along your project
together we can have a go!

Books & Magazines
Vinyl Records
Board games
Good Company

**Warm
Space
Warm
Welcome**

Hymhus, Bigton
Tuesday 19th December
12 noon - 2pm

bigton collective

For more information & support contact:
Ana Arnett, SIC Community Work
ana.arnett3@shetland.gov.uk
Tel: 01595 744532

NATIONAL RURAL MENTAL HEALTH FORUM, 31ST OF JANUARY 2024, 11 AM – 1 PM, ONLINE

Attendees will hear about the first 20 years of NHS Breathing Space; consider “Gambling Harm” with the ALLIANCE; and learn about free programmes for educators/teachers and young people with “Bloom and Your Resilience”. All welcome.

GLOBAL ARTS FOR BRAIN HEALTH CHANGEMAKERS CONVERSATION: RARE DEMENTIAS AND INNOVATIVE ART, THURSDAY 18 JANUARY, 4 PM, ONLINE

This presentation will look at how inspirational people use creativity and learning to override symptoms of a rare dementia, preserve and advance active life. If you'd like more information or would like to book click [here](#).

SCOTTISH CENTRE FOR CONFLICT RESOLUTION

ONLINE EVENTS FOR PROFESSIONALS, PRACTITIONERS, VOLUNTEERS WORKING WITH YOUNG PEOPLE & FAMILIES

- [How to have Difficult Conversations - Breakfast Session \(Tuesday, 20 February - 08:30\)](#)
- [Resilience: Bouncing Back - Lunchtime Session \(Wednesday, 28 February - 12noon\)](#)

ONLINE EVENTS FOR PARENTS/CARERS

- [Resilience: Bouncing Back - Evening Session \(Tuesday, 16 January - 19:00\)](#)
- [How to have Difficult Conversations - Evening Session \(Thursday, 25 January - 19:00\)](#)
- [Understanding Anger - Lunchtime Session \(Tuesday, 6 February - 12noon\)](#)

Sessions will be delivered on the online platform Zoom, by the SCCR trainer. If you book on to our events you will be sent the details on how to join nearer the time to the event when bookings have closed and a full PDF document with all the information you need to know will be emailed to you. Sessions are at an introductory level and no prior knowledge of the subject is required.

SOCIAL ENTERPRISE ACADEMY TRAINING

DEVELOPING SUSTAINABILITY, 11 JANUARY 2024, FUNDED BY SCOTTISH GOVERNMENT

This is a 6-day hybrid [Just Enterprise](#) programme spread over three months to give managers the leadership skills to develop operational and economic sustainability in their organisation. Louise@socialenterprise.academy for more information.

ASPIRING NEW LEADERS, STARTS JANUARY 17 2024

This 6 day in person [Just Enterprise](#) programme is for people in the enterprising third sector who are at the early stages of their leadership journey. It will help you to gain greater self awareness, consider how to motivate and support others and understand more about teams and managing change. Louise@socialenterprise.academy for more information.

LEADERSHIP RESIDENTIALS

- 04-07 March 2024 (Stranraer)

- 18-21 March 2024 (Isle of Skye)
- Funded by Scottish Government & [Scottish Enterprise](#)

Accelerate your leadership journey in rural Scotland with our bespoke fully-funded residentials, designed for aspiring leaders in community-focused organisations, offering essential skills and networks for enterprising and innovative leadership.

- [Find out more \(Isle of Skye\)](#)
- [Find out more \(Stranraer\)](#)

YOUTHVIP ONLINE TRAINING: THURSDAY 22 FEBRUARY 9:30-11AM

[Volunteering matters](#), [YouthLink Scotland](#) and [Young Scot](#) are delighted to share new dates for the highly successful Youth VIP training. If you would like to learn more about how to improve youth participation in your organisation or to make it more young people friendly, then come along to a highly immersive and interactive free online workshop with lots of practical takeaways!

JUST ENTERPRISE: INTRODUCING STEPS TO NET ZERO

Just Enterprise is partnering with [Growing Climate Confidence](#) to deliver a series of five webinars to help social enterprises and Third Sector organisations on their journey to Net Zero.

Each webinar will cover a different Net Zero topic:

- [Waste and Reuse](#) (23rd January 2024, 14:00 – 15:00)
- [Energy and Buildings](#) (20th February 2024, 14:00 – 15:00)
- [Buying and Selling](#) (19th March 2024, 14:00 – 15:00)

JOB OPPORTUNITIES/ VOLUNTEERING OPPORTUNITIES

CLUB SECRETARY (PART TIME), SHETLAND PROBUS CLUB

The Shetland Probus Club is an organisation specifically engaged in serving the social needs of retired, elderly men and women in Shetland. They meet each month and hold social meetings during the winter month, embark on local bus trips to places of interest during Summer and at the year's end meet together in a Lerwick hotel for a social Christmas dinner. They are looking for a part-time Secretary to carry out the following duties so that Clubs events can be properly recorded for official purposes and that members can be kept informed of impending events.

This is a paid post. See the attached PDF for more information about the post.

SCOTTISH GOVERNMENT NEWS

REPORTS & PUBLICATIONS

[MENTAL HEALTH AND WELLBEING DELIVERY PLAN 2023-25](#)

The delivery plan sets out actions the government will take to make progress towards the outcomes and priorities in the Mental Health and Wellbeing Strategy which was published in June. The delivery plan is jointly owned by COSLA and the Scottish Government which recognises the importance of local and national leadership, the role of the social determinants of mental health, and the importance of prevention and early intervention in supporting the mental health and wellbeing of our communities.

CALLS FOR VIEWS: THE SCOTTISH PARLIAMENT IS OPEN TO HEARING YOUR VIEWS ON A RANGE OF TOPICS, INCLUDING:

[SOCIAL SECURITY \(AMENDMENT\) \(SCOTLAND\) BILL: CALL FOR VIEWS](#)

Closes: 12 January 2024

The Social Justice and Social Security Committee has launched a call for views inviting people and organisations across Scotland to share their views on the Social Security (Amendment) (Scotland) Bill.

This new Bill proposes a range of changes, including creating a framework to introduce new social security benefits for children and care experienced people, changing rules about how people can challenge decisions made about social security assistance and repealing COVID measures that allowed people to make late applications.

[NATIONAL SPECIFICATION FOR THE CARE AND TREATMENT OF EATING DISORDERS IN SCOTLAND](#)

Closes: 24 January 2024

The Scottish Government is looking for your views on eating disorder services across Scotland.

[CONSULTATION LAUNCHED ON PENSION AGE WINTER HEATING PAYMENT](#)

Closes: 15 January 2024

The Scottish Government has launched a [consultation](#) to gather views on the Pension Age Winter Heating Payment, a new benefit to replace the UK Government's Winter Heating Payment.

[POST-LEGISLATIVE SCRUTINY OF THE SOCIAL CARE \(SELF-DIRECTED SUPPORT\) \(SCOTLAND\) ACT 2013](#)

Closing date: 5 January 2024

[The Health, Social Care and Sport Committee](#) is undertaking an inquiry into how the Social Care (Self-directed Support) (Scotland) Act 2013 has worked since it came into force. The committee wants to hear from anyone who has a view on or experience of self-directed support.

[DELIVERING NET ZERO FOR SCOTLAND'S BUILDINGS - HEAT IN BUILDINGS BILL: CONSULTATION](#)

Closes: 8 March 2024

The Scottish Government is seeking your views on proposals for greener and warmer buildings in Scotland. [The Heat in Buildings Bill: consultation](#) is open for responses until Friday 8 March 2024.

Clean heating systems will replace polluting heating systems in Scotland's homes and buildings by 2045 under proposals [published by the Scottish Government](#).

Under legislation to be introduced in 2025, those buying new homes or buildings would be asked to move to a "clean" heating system, such as a heat pump or connection to a heat network, within a fixed period of time following that purchase. Minimum energy efficiency standards for Scotland's homes could also be introduced to make them warmer and less expensive to heat.